



TOPS Veterinary Rehabilitation

1440 East Belvidere Road
Grayslake, IL. 60030
847-548-9470

is now offering Underwater and Land Treadmill sessions to healthy athletic dogs, overweight dogs and dogs just needing more activity.

Sessions will be by scheduled during regular business hours
Monday - Wednesday 9:00am – 8:00pm
Thursday – Saturday 9:00am – 5:00pm
Call for Appointments

Underwater Treadmill Benefits

- Ⓞ Exercise with less stress on the joints
- Ⓞ Warm water
 - Ⓞ Improves flexibility and range of motion
 - Ⓞ Relaxing
 - Ⓞ Improves circulation
- Ⓞ Increased resistance versus walking on land
 - Ⓞ Up to 60 x's greater
 - Ⓞ Increases muscle mass
- Ⓞ Promotes balanced weight bearing
- Ⓞ Builds endurance



Land Treadmill Benefits

- Ⓞ Builds front and/or hind limb strength
- Ⓞ Improves balance and endurance
- Ⓞ Sprint work enhances power and speed
- Ⓞ Builds jumping musculature for Performance dogs



Benefits for you as the owner

- Ⓞ Keeps your athlete performance ready
- Ⓞ Maintains pet-owner bond
- Ⓞ A doctor is always in the building
- Ⓞ Multiple dog discounts
- Ⓞ Sessions up to 25 minutes with rest given as needed
- Ⓞ Keeps pets active and reduces chance of destructive behavior
- Ⓞ Reduces the chance of future medical conditions

